

Washington State Society of
Anesthesiologists



2018 WSSA Fall Scientific Meeting *Program*

Jointly Provided by the American Society of Anesthesiologists and
Washington State Society of Anesthesiologists

American Society of
Anesthesiologists®

Washington State Society of
Anesthesiologists



September 8, 2018
7:00 AM – 2:00 PM
Museum of Flight
Seattle, WA



Museum of Flight, 9404 East Marginal Way South Seattle, WA 98108

Fall Scientific Meeting Schedule

WiFi Network: PrivateEvents
WiFi Password: BoeingB

7:00 – 8:00 AM Registration and Breakfast

8:00 – 9:00 AM

Value of Anesthesia Services—Past, Present, and Future

Asa C. Lockhart, MD, MBA

Member of ASA's Committee on Practice Management, Committee on Future Models of Anesthesia, Council on Medical Services and Course Director for ASA's Certificate in Business Administration

9:00 – 10:30 AM

Panel of Local Practices

Moderator: Robert Hsiung, MD, *Virginia Mason, Seattle*

Panelists:

Daniela Alexianu, MD, FASA, *Providence Medical Group, Spokane*

Bridget Bush, MD, *Somnia, Everett*

Todd Donato, MD, *Tacoma Anesthesia Associates, Tacoma*

Bradley Karr, MD, *Pacific Anesthesia, Edmonds*

Arooj Simmonds, MD, *US Anesthesia Partners – Washington, Seattle*

James Stangl, MD, *Tacoma Anesthesia Associates, Tacoma*

Ian Wright, MD, FRCA, *US Anesthesia Partners – Washington, Seattle*

10:30 – 11:00 AM

ASA Update

Mary Dale Peterson, MD, MHA

First Vice President of ASA

11:00 – 12:30 PM

Member Networking Lunch

Remarks from the Honorable Maria Cantwell

United States Senator

1:00 – 2:00 PM

Annual Resident and Practice Groups Meet and Greet

CME Objectives

Asa Lockhart, MD, MBA

Value of Anesthesia Services - Past, Present, and Future

Following this presentation, the participant will be able to:

- Understand historical perspectives on anesthesia services and formulate strategies for current expectations
- Describe insight into the implications for anesthesia practices secondary to health system reform and how to position their practice for future success
- Identify how to calculate cross-walks between ASA RVUs and capitation
- Assess the pros and cons of personally provided and anesthesia care team modes of practice

Robert Hsiung, MD (Panel Moderator)

Panel of Local Practices

Following this presentation, the participant will be able to:

- Identify the primary issues and challenges facing anesthesiologists in Washington State
- Develop strategies for dealing with drug shortages, demands from hospitals and contracting with insurers
- Understand what to consider when deciding to sell a practice to corporate entities

Mary Dale Peterson, MD, MHA

ASA Update

Following this presentation, the participant will be able to:

- Identify key trends and challenges facing the specialty in the market, legislature and regulatory, nationally and in the states
- Understand How ASA is working with members nationally and in the states to address current and emerging opportunities

Faculty Biographies

Asa C. Lockhart, MD, MBA

Dr. Lockhart is a co-founder and Principal of Golden Caduceus Consultants. His firm has assisted more than 190 clients in 38 states with stabilization/rehabilitation strategies, staffing plan formulation, fair-market value assessments, strategic planning, perioperative flow optimization, updates and health system reform positioning strategies, and request for proposal assistance. He received his Medical Doctor in 1973 from the University of Texas Medical School in Houston, Texas, and a Master of Business Administration from the University of Houston at Clear Lake in Houston, Texas, in 1998. He completed his Anesthesiology Internship and Residency at Emory University School of Medicine in Atlanta, Georgia from 1974-1976. He has been very active in organized medicine; his activities include serving as President of the Texas Society of Anesthesiologists in 1990-1991, Course Director for the Certificate in Business Administration (2000-present) and Committees on Practice Management (1999-present) and Future Models of Anesthesia (2010-2016) with the American Society of Anesthesiologists. He served as a physician advisor during the development of the MGMA Cost Survey for Anesthesia and Pain Management Practices and Chair of the Texas Medical Association's Ad Hoc Committee on Accountable Care Organizations (2010-2012). He serves as Vice-Chair of the Texas Delegation to the AMA (2014-present) and on the AMA Council on Medical Service (2014-present) as well as a Vice-Chair of the National Physicians Council for Healthcare Policy.

Robert Hsiung , MD

Dr. Robert Hsiung, MD is an anesthesiologist and critical care medicine specialist at Virginia Mason in Seattle, and has been practicing for 16 years. He graduated from the Albert Einstein College of Medicine of Yeshiva University in 2002. He later completed an internship and residency at Virginia Mason and a fellowship in critical care medicine at Stanford Hospital and Clinics.

Daniela Alexianu, MD, FASA

Dr. Daniela Alexianu, MD is an anesthesiology specialist in Spokane, WA. She specializes in anesthesiology and is the current Past President of WSSA.

Bridget Bush, MD

Bridget Bush, MD was born and raised in Reno, NV, completing her undergraduate degree in Biochemistry at the University of Nevada Reno. She worked for the government through the Department of Energy in their High Level Nuclear Waste Engineering at the Savannah River Site, SC before entering medical school at Tulane School of Medicine, New Orleans LA. She graduated in 2006 in the wake of Hurricane Katrina and started her Internship with the US Navy at the Naval Medical Center Portsmouth, VA. After internship, she attended Flight School with the Naval Aerospace Medical Institute in Pensacola, FL. She worked as a Flight Surgeon with the Electronic Attack squadrons VAQ-138/133/132 out of Naval Air Station Whidbey Island, WA, where she completed deployments to Afghanistan and Iraq. Upon resigning her active duty commission, she completed Anesthesiology Residency at the Virginia Mason Medical Center and has been employed as an Attending Anesthesiologist at the Providence Regional Medical Center Everett since graduation in 2014.

Todd Donato, MD

Dr. Todd Donato, MD is Vice President of Tacoma Anesthesia Associates (TAA), where he has practiced since 1999. He completed his anesthesiology residency and medical degree at the University of Washington. Dr. Donato is a passionate bicyclist.

Bradley Karr, MD

Dr. Bradley Karr, MD is President of Pacific Anesthesia Anesthesiology. He graduated from the University of Washington Medical School in 1993 and completed his residency at the University of California San Diego in 1997. He is affiliated with numerous hospitals, including Swedish Edmonds Hospital.

Arooj Simmonds, MD

Dr. Arooj Simmonds, MD is an anesthesiology specialist in Seattle. She graduated from University of South Carolina School of Medicine in 2006 and is a provider for US Anesthesia Partners – Washington. She completed her residency at Virginia Mason Medical Center in 2010 and a fellowship at Duke Medical Center in 2011.

James Stangl, MD

Dr. James Stangl, MD graduated with honors from Northwestern University Medical School in 1992. He completed his residency in anesthesiology at the University of Washington in 1996 followed by a pain fellowship at UW in 1997. After a year as a junior faculty member at UW, Dr. Stangl entered private anesthesia practice. He has held full time positions with Wenatchee Anesthesia Associates, Pacific Anesthesia, and since 2009 with Tacoma Anesthesia Associates. He has served on the WSSA Board of Directors since 2008, is a past WSSA vice president and president, and is currently an ASA delegate for Washington State. Dr. Stangl practices full time at Tacoma General, Mary Bridge Children's, and Allenmore Hospitals in Tacoma. His clinical interests include cardiothoracic and regional anesthesia as well as acute pain management.

Ian Wright, MD, FRCA

Dr. Wright graduated with Honors from the University of London in 1980. After training in Great Britain in Internal Medicine, Anesthesiology and Critical Care, he moved to the USA and assumed a faculty position at the University of Washington in 1992. His clinical interests were cardiothoracic and transplant anesthesia, and he became Chief of the Division of Cardiothoracic Anesthesia. In 1998, he moved to private practice at Swedish Medical Center, Seattle, (SMC) where he currently practices full-time. At SMC he has held a succession of Administrative positions, including Chief of Cardiac Anesthesia, Chief of the Division of Anesthesia, Medical Director for Anesthesia, and latterly, Vice President for Perioperative Services, Swedish Health Services.

Mary Dale Peterson, MD, MSHCA, FACHE, FASA

Mary Dale Peterson, MD, MSHCA, FACHE, FASA, was named first vice president of the American Society of Anesthesiologists (ASA) in October, 2017 and will serve for one-year. Dr. Peterson is vice president of Driscoll Children's Health System, emeritus staff at Driscoll Children's Hospital, and president and CEO of Driscoll Children's Health Plan in Corpus Christi, Texas. She is also a clinical assistant professor at Texas A&M University in College Station, Texas. Dr. Peterson has held numerous positions in the Society. Most recently she served on the ASA Administrative Council as treasurer and as chair of the ASA Section on Fiscal Affairs. Dr. Peterson has been on the ASA Board of Directors since 2006 and she is also a member of the ASA Charitable Foundation's Board of Directors. In addition to her duties at the ASA, Dr. Peterson works extensively with the Foundation for Anesthesia Education and Research, where she serves as treasurer. She serves on the Executive Committees of the Texas Society of Anesthesiologists and Nueces County Medical Society. She has been an active member of the American Medical Association since 2004 and the Texas Medical Association for nineteen years. Dr. Peterson received her Bachelor of Science from Texas A&M University. She completed her Doctorate of Medicine and anesthesiology residency at the University of Texas Medical Branch at Galveston, where she was elected chief resident. Dr. Peterson also completed a Master of Science in Health Care Administration at Trinity University in San Antonio. She is board-certified in anesthesiology and critical care medicine. Dr. Peterson resides in Corpus Christi, Texas with her husband, Rafael Coutin, M.D. They are the proud parents of three sons: Christopher, Mark and Steven.

Planner & Faculty Disclosures

The American Society of Anesthesiologists remains strongly committed to providing the best available evidence-based clinical information to participants of this educational activity and requires an open disclosure of any potential conflict of interest identified by our faculty members. It is not the intent of the American Society of Anesthesiologists to eliminate all situations of potential conflict of interest, but rather to enable those who are working with the American Society of Anesthesiologists to recognize situations that may be subject to question by others. All disclosed conflicts of interest are reviewed by the educational activity course director/chair to ensure that such situations are properly evaluated and, if necessary, resolved. The American Society of Anesthesiologists educational standards pertaining to conflict of interest are intended to maintain the professional autonomy of the clinical experts inherent in promoting a balanced presentation of science. Through our review process, all American Society of Anesthesiologists CME activities are ensured of independent, objective, scientifically balanced presentations of information. Disclosure of any or no relationships will be made available for all educational activities.

All planners, faculty, and staff have reported no relevant financial relationships with commercial interests.

Statement of Need

With an ever-changing landscape within the healthcare field both anesthesiologists and other healthcare providers have, over time, developed a poor understanding of the value/cost differences between Physician Anesthesiologists and Certified Registered Nurse Anesthetists (CRNAs). These providers are expressing concerns about the cost of offering additional perioperative services to patients and hospitals, as well as the need to achieve quality goals with the hospital.

There is a need for our profession to better understand and recognize the value of Physician Anesthesiologists compared to CRNAs, distinguish differences in level of service and coverage that explain this phenomenon, identify common challenges with other anesthesia practices in our state, and to exchange effective strategies.

The presenters at this scientific meeting will address these issues from a multitude of perspectives and will help attendees gain insights in how health system reform affects anesthesia practices and the changes that may need to be implemented to position practices for future success. They will also share examples of how providers are addressing these changing demands.

Target Audience

This activity is intended for physician anesthesiologists; researchers and other health care professionals with an interest in anesthesiology may also participate.

How to Receive Credit

In order to receive credit, participants must sign-in to the ASA Education Center, review the CME information and complete the evaluation. Further instructions will be emailed to each participant immediately prior to and after the activity.

Disclaimer

The information provided at this CME activity is for continuing education purposes only and is not meant to substitute for the independent medical judgment of a healthcare provider relative to diagnostic and treatment options of a specific patient's medical condition.

ACCME Accreditation and Designation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Society of Anesthesiologists and the Washington State Society of Anesthesiologists. The American Society of Anesthesiologists is accredited by the ACCME to provide continuing medical education for physicians.

The American Society of Anesthesiologists designates this live activity for a maximum of 2.5 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Commercial Support Acknowledgement:

This CME activity is not supported by any educational grants.

Save the Date

2018 Joint WSSA/BCAS Scientific Meeting

**Friday, December 7 through
Sunday, December 9, 2018**
Pinnacle Hotel Harbourfront
Vancouver, BC, Canada

More details and registration information will be posted to the
WSSA website as they become available.

NOTES:
